

PLANNING: The basics

Know your:

- BHPA
- CLUB
- FLYING AREA
- EQUIPMENT

[British Hang Gliding and Paragliding Association](http://www.dhpc.org.uk/)

<http://www.dhpc.org.uk/>

http://www.cumbriasoaringclub.co.uk/CSC_Home.php

•RESPONSIBILITIES

- Know the rules of the air (converging, thermalling, overtaking, landing etc) Use of NOTAM's.
- Be aware of flight and site etiquette
- Know the site rules and the various restrictions as they apply
- Acquire some basic First Aid.
- Seasonal changes – lambing, hefting, crops, shooting etc

Flying the Dales and neighbouring regions

A short photo tour and discussion of the main sites.

<http://www.dhpc.org.uk/>

<http://www.xcleague.com/xc/index.php>

<http://xcplanner.appspot.com/>

- Topography

(Physical nature, shape, features, influences)

- Flying conditions

(wind patterns, wave, sea breeze effects)

- Hazards & rules

(D/R areas, AIAA, flying cond. Cloud, signal)

- Unofficial sites

- (Western Dales, non guide)

Flying Wild Boar Fell (ESE/SE)

The Howgills - all wind directions (except NW)

Green Bell – N/NE

Far Whitestones - SW

Cautley - SSE

Winder - S



Cautley Spout (SSE/S)



Windbank/Hawkswick - SW

Pro's

- Long ridge to explore
- Easy/clean take off and landing areas
- Easy access – 15 min walk up
- Good thermal site
- Excellent XC potential

Con's

- Some restrictions
- Can be adversely effected by wave
- Not lenient to wind direction



Wether Fell – WSW to NW

Pro's

- Easy, top drive access
- Popular, often flown
- Good top and bottom landing
- Good wave site
- Reasonable thermal site.
Good XC potential.
- Lenient of wind direction
- Few hazards



Barkin Fell – SE to E

Pro's

- Perfect 4km ridge
- Good thermal site
- Good top and bottom landing
- Few restrictions
- Good first XC site
- Has a useful SSE face at the end
- Few hazards in light winds

Con's

- Can be a walk! Can also be 15 mins
- a light wind site, strong compression
- can be effected by wave, either way!
- the NE bowl out of bounds!
- Can be effected by sea breeze
- No mobile signal in valley

